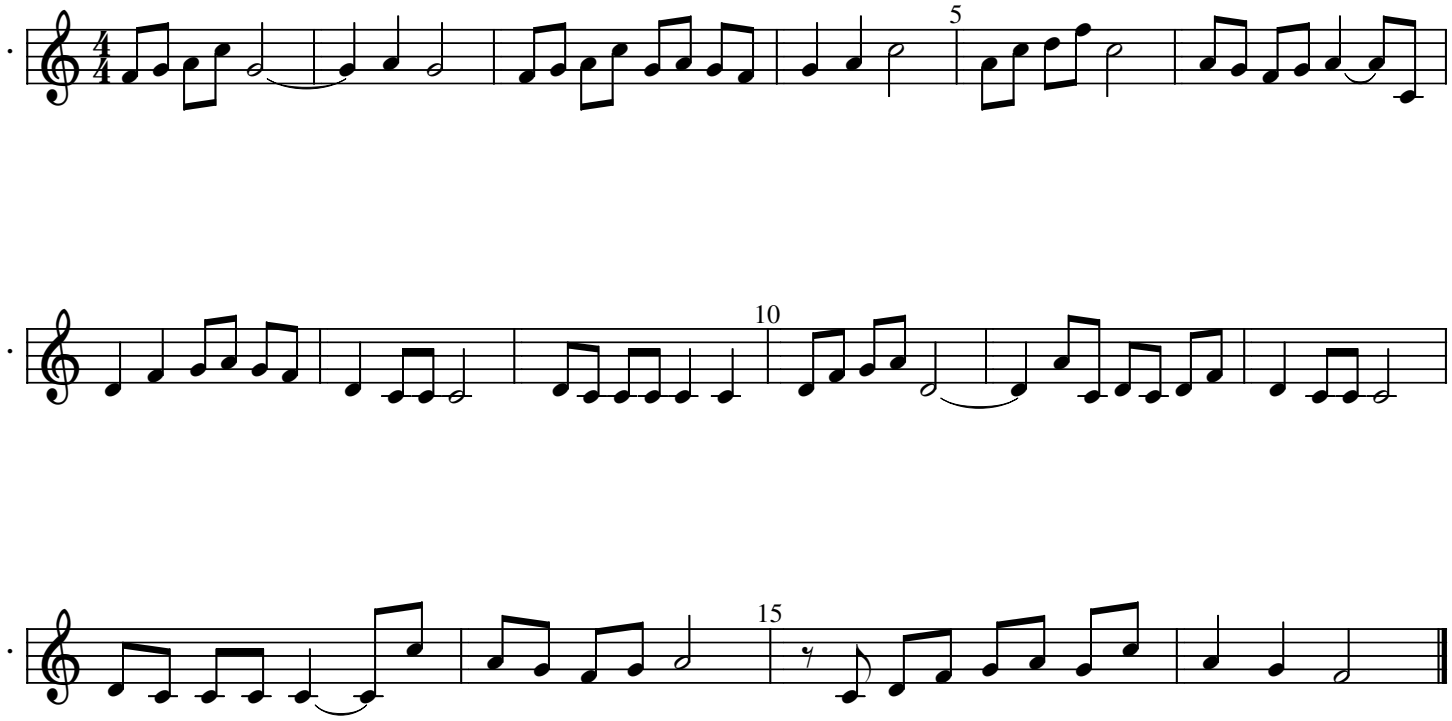Lao Serng